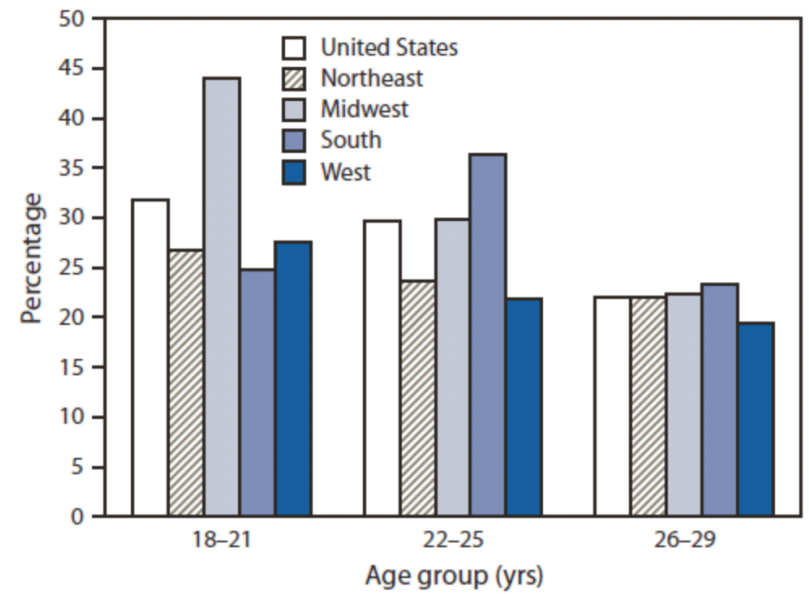


Policy & Systems Change – Tanning

Compared to those who have never tanned indoors, indoor tanners:

- 20%** have a 20 percent higher risk of melanoma.
- 87%** have an 87 percent higher risk of melanoma if they start tanning before the age of 35.
- 2.5x** are 2.5 times more likely to develop squamous cell carcinoma and 1.5 times more likely to develop basal cell carcinoma.

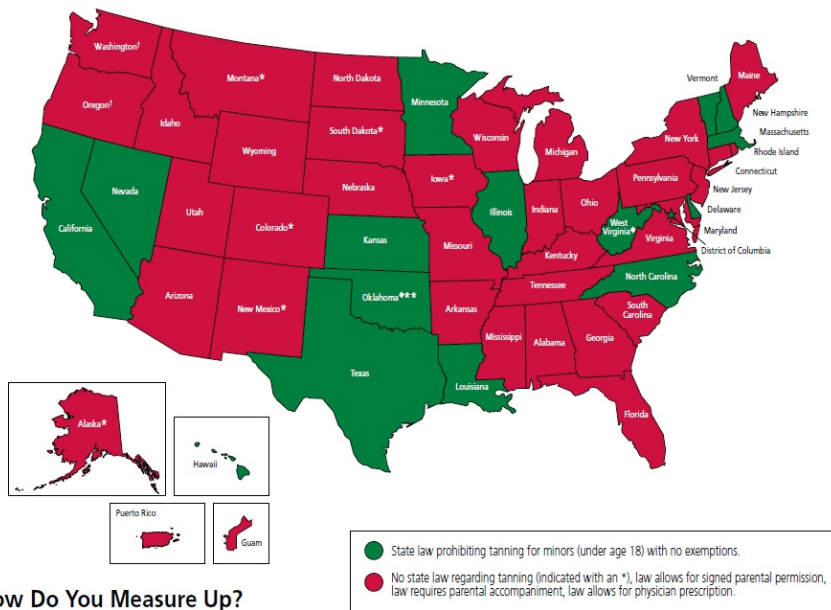
Source: Skin Cancer Foundation



The figure above shows the percentage of non-Hispanic white women aged 18-29 years who used an indoor tanning device at least once in the past 12 months, by age group and U.S. Census region during 2010. The highest prevalence of indoor tanning was found among white women aged 18-21 years (31.8%) and aged 22-25 years (29.6%), particularly among those aged 18-21 years in the Midwest (44.0%), and those aged 22-25 years in the South (36.4%). *Nebraska is considered part of Midwest.

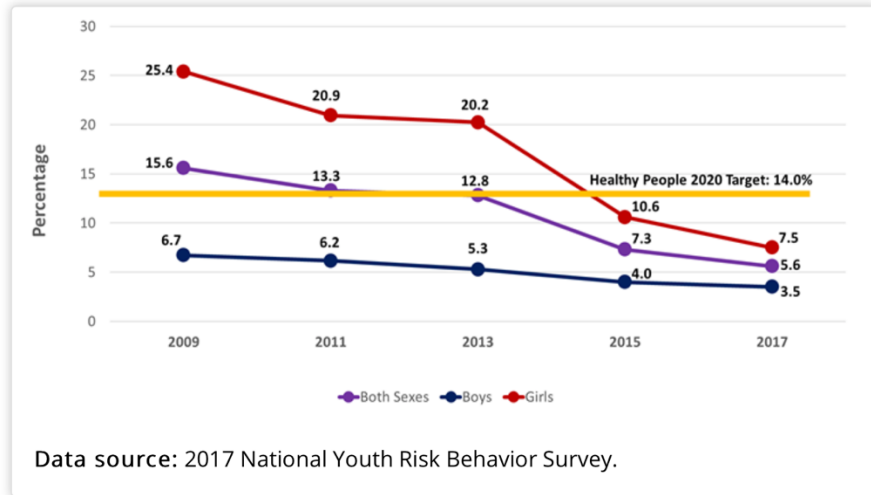
<https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6118a2.htm>

State Laws Prohibiting Minors from Using Tanning Devices

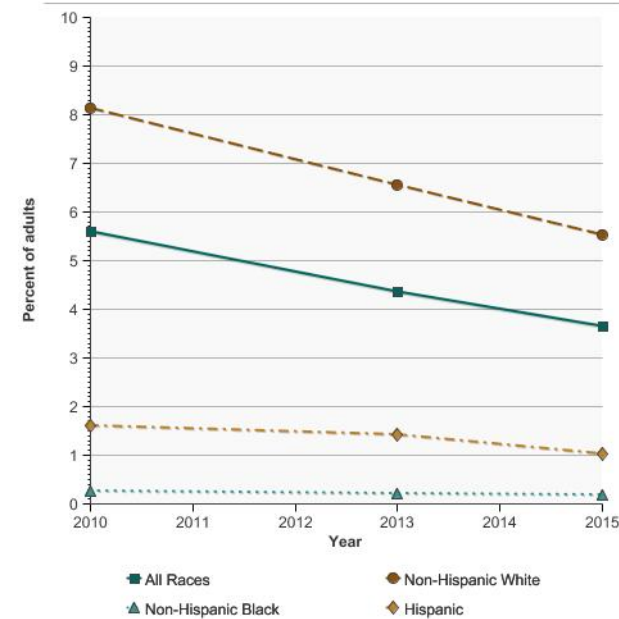


Sources: Health Policy Tracking Service & individual state bill tracking
 † There is no medical indication for the use of a tanning device in the diagnosis or treatment of a disease.
 * Legislative or regulatory changes made in 2017
 ** Effective Nov. 1, 2017

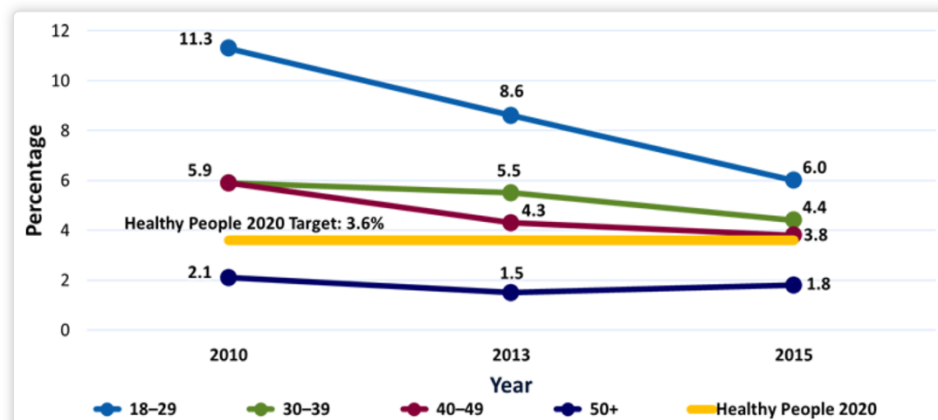
Percentage of U.S. High School Students Who Reported Indoor Tanning in the Past Year



Percentage of adults aged 18 years and older who used an indoor tanning device in the past year by race/ethnicity, 2010-2015

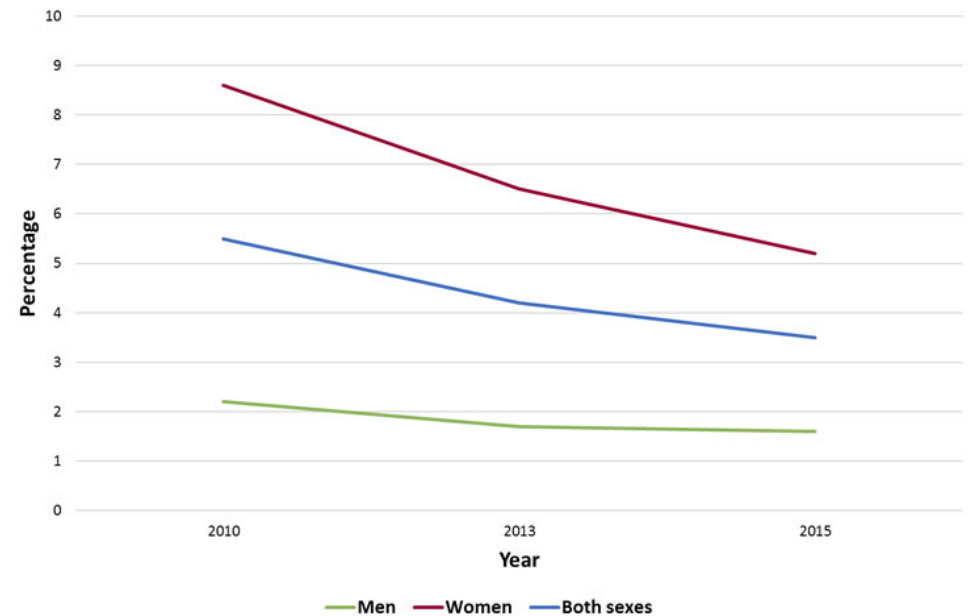


Percentage of U.S. Adults Who Reported Indoor Tanning in the Past Year



Data source: Guy GP Jr, Watson M, Seidenberg AB, Hartman AM, Holman DM, Perna F. [Trends in indoor tanning and its association with sunburn among US adults.](#) *Journal of the American Academy of Dermatology* 2017;76(6):1191-1193.

Percentage of U.S. Adults Who Indoor Tanned in the Past Year, National Health Interview Survey, 2010, 2013, and 2015



Source: Guy GP Jr, Watson M, Seidenberg AB, Hartman AM, Perna F. [Trends in indoor tanning and its association with sunburn among U.S. adults.](#) *External Journal of the American Academy of Dermatology* 2017.